



Victory Mindset

Leadership & Resilience Summit

Victory Mindset was founded by first responders, for first responders. Our wellness summit brings together industry-leading experts focused on what matters. Leadership, mental health, nutrition, strength & conditioning, longevity, and resilience. This comprehensive 4-part, 8-hour course is specifically designed to enhance your wellness program and support overall well-being.



Beat the Burnout



Mindsets for Victory



Nutrition and Strength & Conditioning for the Everyday First Responder



Post Traumatic Growth in Public Safety

March 3rd, 2026 at the
Burlingame Community Center

🕒 8:00am - 5:00pm

📍 850 Burlingame Ave,
Burlingame, CA 94010



Register now at cpoa.org